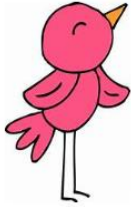


Frokost – An Authentic Norwegian Brunch



Fjellheim Lodge, Sons of Norway
1045 Ford Street,
Colorado Springs, CO 80915



Let's celebrate Spring!

Menu lovingly prepared by your fellow lodge members
who wish you a hearty... Velkommen til bords!

Sunday, April 12, 2026 – serving 11:00 am to 1:00 pm

Baked honey ham, roast beef, liver sausage, salami, roast pork, head cheese, gjetost, jarlsberg, other assorted cheeses, tomato aspic, coleslaw, pickled herring, sardines, oysters, smoked salmon, assorted eggs, salmon mousse, shrimp salad, potato salad, cucumber salad, assorted beets & pickles, lingonberry jam and waffles, fresh fruit, Total crisp, lefse, julekake, cardamom bread, knekkebrod, apple cake and other assorted desserts, coffee, and orange juice.

Members: \$25.00 Non-Members: \$27.00
Students: 10 - 16: \$12.00 Children: <10 - no charge

	Number Attending	Cost	Total
Members		X \$25.00 = \$	
Guests-Non-members		X \$27.00 = \$	
Students – age 10-16		X \$12.00 = \$	
Under 10		X \$ 0.00 = \$	
		Total = \$	

Your Name: _____

Phone Number: _____ E-Mail: _____

Payment Option (Check the circle to indicate your choice):

Check: Make out to **Sons of Norway** and mail the form and your check to:

Karen Ravnaas, 5295 Water Dipper Rd, Colorado Springs, CO 80911-3479

Cash: pay at the door.

NOTE: Mail reservations to arrive no later than **Wednesday, April 8, 2026.**

After that date, call **Karen at 719-390-0621** for space availability and registration.

NOTES/Special Requests: _____