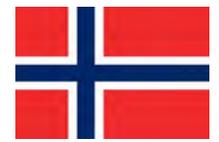


# The Fjellheim Flammen



*Fjellheim Lodge 6-107 Sons of Norway  
1045 Ford Street, Colorado Springs, CO 80915  
719-574-3717*

www.sonsofnorwaycs.com

**March 2026**

**Volume 45 Issue #3**

*Please Note: The electronic version of this Flammen contains multiple links that will enhance your correspondence, reading and viewing enjoyment. They are earmarked within a pink box enclosure, like so: (This box contains my email as a reference.)*

**The Mission of the Sons of Norway** is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to promote quality insurance and financial products to its members.

**Inside This Newsletter**

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Monthly heritage meetings are held on the second Wednesday of every month (except July) at 6:30 pm, Viking Hall, 1045 Ford Street, Colorado Springs, Colorado 80915.

**Fjellheim Lodge 6-107**

Please send your Flammen Newspaper input to:  
**Erik Tjelmeland**  
norsk75usa@gmail.com  
Submission deadline for the April edition is  
**March 20<sup>th</sup> 2026**

*Scandinavian Spring Tea*  
hosted by **Fjellheim Lodge - Sons of Norway**  
1045 Ford Street, Colorado Springs, CO

**Saturday, March 21, 2026**  
2pm  
\$25.00 per person

**RSVP Required - Space is limited**  
to RSVP - Contact Kathie 719-229-9289

**Payment info -**  
Make checks payable to Sons of Norway  
Mail to -  
4415 Flat Top Place  
Colorado Springs, CO 80923

## MARCH 2026 FJELLHEIM LODGE PRESIDENT'S MESSAGE

Can you believe it's already March, and the warm weather is still here? Last month, we celebrated the farewell for Terry Mapstone, our former President, and he continues to work hard as our counselor, doing a wonderful job. I think it was a great way to honor Terry for his support of this Lodge.



On February 7, 2026, several of us attended the Sons of Norway Zone 8 Leadership Conference at the Trollheim Lodge in Lakewood, CO. We had multiple speakers discuss a variety of upcoming events: Ski for Light, Barneløpet, Scandinavian Midsummer Festival, changes to the Sons of Norway Financial Advisors, and a wonderful presentation on Camp Norge.

In February, we had a great time at the Valentine's Day Fish Fry, and now we're preparing for the Spring Tea event on March 21, 2026, at 2:00 PM. If you or your friends need a ticket, contact Kathie Godsil at 719-229-9289 to reserve a seat. Bring a neighbor along.

We are working on ways to enhance communication with our members and create more opportunities for everyone to get involved in our Lodge events. Invite your friends and fellow members to join us; we'd love to see you at our next gatherings, **especially the 6:30 pm potluck Heritage Meeting held on the second Wednesday of each month.** We encourage you to consider taking on any role or opportunity, no matter how small. If you haven't heard from a board member or leader, reach out to one of us—we're always looking for volunteers to join a committee, help with cooking, serve, or share any hidden talents. Of course, we always need help making and selling lefse or starting new fundraisers. It's a great way to connect with other members, and it's always a fun experience.

To improve communication with our members, we invite you to join the newly established membership committee, led by our Vice President Kerry Hefta. Our main goal is to keep members informed about upcoming events, Heritage meetings, dinners, and to recruit new members. Once we have some volunteers, the committee will determine how often to meet and the best ways to attract new members while engaging current ones. We hope you'll consider volunteering for the membership committee.

I've also been reaching out to the SON District Leadership and other lodges in Colorado to gather ideas for improving our lodge. I encourage all our members to get involved in our organization. New initiatives will soon be implemented.

I leave you with a famous quote from President Ronald Reagan: "The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."

May peace and harmony prevail within our lodge.

**Mark Wedo**



**2026 Upcoming Fjellheim Meeting and Event Schedule**  
(March Flammen Edition)

<b>Event</b>	<b>Next Upcoming Date(s)</b>	<b>Time</b>	<b>Place, Topic, and/or Instructions</b>
<b>“I Remember Mama” Theatrical Production</b>	27 February – 1 March 6 March – 8 March	2:30 pm and/or 7:00 pm depending on the day	FIRST UNITED METHODIST CHURCH, 420 N NEVADA AVENUE, (719) 471-8522 <i>See announcement on page 7 in this Flammen edition.</i>
<b>Card Social and Potluck</b>	Tuesday, 03 March Tuesday, 07 April <i>(1st Tues of the month)</i>	12:30 pm	Viking Hall <i>Potluck first and then cards!</i>
<b>Fjellheim Board Meeting</b>	Wednesday, 04 March Wednesday, 01 April <i>(1st Weds each month, no July mtg)</i>	2:00 pm	Viking Hall
<b>Fjellheim Management Corporation (FMC) Meeting</b>	Wednesday, 11 March Wednesday, 08 April <i>(2nd Wed each month, no July mtg)</i>	5:30 pm	Viking Hall
<b>Pre-Heritage Meeting Potluck</b>	Wednesday, 11 March Wednesday, 08 April <i>(2nd Wed each month, no July mtg)</i>	6:30 pm	Viking Hall
<b>Heritage Meeting</b>	Wednesday, 11 March Wednesday, 08 April <i>(2nd Wed each month, no July mtg)</i>	7:00 pm	Viking Hall <i>11 March cultural presentation by Caitlin Horton “Step Into The Viking Wardrobe”. See page 6 notice.</i>
<b>Fjellheim Book Club</b>	Monday, 16 March Monday, 20 April <i>(3rd Mon each month)</i>	2:30 pm	Viking Hall <i>Contact Linda Ross: 719-271-3439, <a href="mailto:LRLR1028@gmail.com">LRLR1028@gmail.com</a> See page 7 notice</i>
<b>Norwegian Language Classes</b>	Monday, 02 March Monday, 09 March <i>Every Mon of the month 2026 Projected end date: 18 May</i>	3:30 pm - Advanced 4:30 pm - Intermediate 5:30 pm - Adv Beginner 6:30 pm - New Beginner	Viking Hall <i>Contact Erik Tjelmeland at 719-205-2539 or via his email: <a href="mailto:norsk75usa@gmail.com">norsk75usa@gmail.com</a></i>
<b>Spring Tea</b>	Saturday, 21 March	2:00 pm	Viking Hall <i>Cost is \$25; limit of 125 people. Reservations: Kathie Godsil, 719-229-9289, or see the upcoming flyer in the Flammen.</i>
<b>Frokost</b>	Sunday, 12 April	11:00 am to 1:00 pm	Viking Hall <i>Cost is \$25 for members, \$27 for non-members. Limit of 150 people. Reservations: see the upcoming Flammen flyer or contact Karen Ravnaas directly at 719-390-0621</i>
<b>Clan Gathering</b>	Saturday, 16 May	TBD	Sterne Park, Lakewood, Colorado <i>“Syttende mai ferie” (17th of May celebration) Details TBD</i>

## **2026 Upcoming Fjellheim Meeting and Event Schedule**

*(March Flammen Edition Continued)*

<b>Event</b>	<b>Next Upcoming Date(s)</b>	<b>Time</b>	<b>Place and Instructions</b>
<b>Old Colorado City Farmers' Market</b>	06 June to 10 October <i>Saturdays during this time</i>	9:00 am to 2:00 pm	Bancroft Park, Old Colorado City, Colorado Springs, <i>Subject to change with details to follow.</i>
<b>SON District 6 Convention</b>	12 - 14 June <i>Friday through Sunday</i>	TBD	Sacramento, California <i>A side trip to Camp Norge to be included on the 12<sup>th</sup> with details to follow.</i>
<b>Fjellheim Summer Picnic &amp; Potluck</b>	21 June <i>Sunday</i>	12:00 noon	Bear Creek Regional Park, Colorado Springs, Colorado <i>The Lodge provides drinks, utensils, and enjoyment. Reservations: Karen Ravnaas 719-390-0621 or see the upcoming flyer in the Flammen.</i>
<b>Scandinavian Midsummer Festival</b>	27-28 June <i>Saturday-Sunday</i>	TBD	Civic Green Park, Highlands Ranch, Colorado <i>Sponsored by the Scandinavia Alliance of Colorado</i>
<b>Fjellheim Heritage Meeting Soup &amp; Salad Dinner</b>	Wednesday, 12 August	6:00 pm	Viking Hall <i>See the upcoming flyer in the Flammen.</i>
<b>Backyard BBQ</b>	Saturday, 15 August	noon to 3:00 pm	Viking Hall <i>The Lodge will provide BBQ meat; please bring potluck dishes. We will have cornhole, but if you want board games, bring your favorites.</i>
<b>Fjellheim Annual Anniversary Fish Fry</b>	Saturday, 12 September	2:00 pm	Viking Hall <i>Cost: \$25, contact Karen Ravnaas 719-390-0621, see the upcoming flyer in The Flammen.</i>
<b>Fjellheim Viking Fair</b>	Saturday, 17 October	TBD	Viking Hall <i>Point of Contact: Eunice Bluhm, Details TBD</i>
<b>Trollheim Christmas Fair</b>	Fri – Sat, 06-07 November	TBD	Trollheim Lodge, Lakewood, Colorado <i>Details TBD</i>
<b>Lutefisk and Meatball Dinner</b>	Saturday, 14 November	1:00 & 4:00 pm servings	Viking Hall <i>Reservations: Karen Ravnaas 719-390-0621 or see the upcoming Flammen flyer.</i>
<b>Traditional Norwegian Julebord</b>	Saturday, 12 December	1:30 pm - social 2:00 pm - dinner	Viking Hall <i>The Lodge will provide the main course and potluck for salads, sides, desserts, etc. Details TBD.</i>
<b>Fjellheim Rosemaling Classes</b>	A Saturday event <i>Specific dates TBA</i>	11:00 am to 3:00 pm	Site: TBD <i>Details to follow, Contact Cindy Baurer, 719-330-1275.</i>
<b>Fjellheim Cooking Classes</b>	TBD	TBD	Viking Hall <i>This 2026 event theme will be "Around the World." Proposed contact: Terry Mapstone, 719-254-0955</i>

## Local Announcements

### Fjellheim Scandinavian Spring Tea

Every year, we eagerly anticipate hosting this beloved gathering. It's one of our most popular events and always sells out, so we truly hope you can join us this year. Guests will enjoy live music, creating a warm, festive atmosphere.

Each table is uniquely decorated with its own theme. Below are photos from last year's event to give a preview of what to expect.

We encourage you to bring your spring bouquet and wear your favorite 'tea' apparel.



*Scandinavian Spring Tea*

hosted by **Fjellheim Lodge - Sons of Norway**  
1045 Ford Street, Colorado Springs, CO

**Saturday, March 21, 2026**  
2pm  
\$25.00 per person

**RSVP Required - Space is limited**  
to RSVP - Contact Kathie 719-229-9289

**Payment info -**  
Make checks payable to Sons of Norway  
Mail to -  
4415 Flat Top Place  
Colorado Springs, CO 80923



Double McGuffin Band, featuring Wayne Wilkinson.



# Sunshine Report – March 2026



*Happy Birthday and Joyous Anniversary* to all of you who are celebrating these events in February

Name	March Birthday	Name	March Birthday
Eileen P Larson	2	Karen K Ravnaas	24
Rory L Foresman	3	Leonard Beasley	27
Ruth Sogn Prentice	6	Brady Hoffman	28
Karstin Knutson	11		
		<b>Juvenile and Heritage</b>	
Lucius Eli Tillman	11		
David Aurthur Smith	16	Dillon Carlson	11
Peter Sergejev	16	Owen J Mach	6
Kristi J Erdal	17	Hunter G F Lewis	21
Kari Malene Beck	18	Ivy Lamb	26
Grete Larsen Hovius	21	Katelyn Carlson	27
Owen E Bergland	23	Miles J Hommel	27

*Happy St. Patrick's Day* to everyone with a "wee" bit of Irish!

**Clairette "Joan" Bakken's** memorial write-up is available on page 12 of this issue of *Flammen*.

**Lucille (Lu) Moe** passed away on December 27, 2025. There will be a small memorial, also on page 12 of this *Flammen*. Once I receive her full life story, I'll share it in a future issue. Please keep Lu, her husband Larry, and their entire family in your thoughts and prayers.

Remember that **Phil Cable** has hip surgery scheduled for March 18, 2026. We wish him a successful operation and a quick recovery.

Please contact Karen Ravnaas at 719-390-0621 or [Kravnaas@aol.com](mailto:Kravnaas@aol.com) with news about any of our Fjellheim members!

## Fjellheim Cultural Program

*"Step Into The Viking Wardrobe" on March 11th at our Heritage Meeting*

Join us as we welcome Caitlin Horton (formerly known in the reenactment world as Sigrud Jonsdotter) for an engaging look into the history of Viking clothing. Caitlin will share her expertise on how the Viking trading empire influenced their preference for silk and bright colors, and she will even explain why local reenactors often choose linen over traditional wool in our warmer climate.

This engaging 30-minute presentation includes live dress forms and a display table featuring jewelry, period footwear, and examples of nålbinding (an ancient precursor to knitting). Whether you're interested in the status symbols of that era or the intricate "embroidery stitches of the past," you won't want to miss this chance to see history brought to life.





## The Fjellheim Book Club

On February 16th, we hosted our first book club event, where we discussed a captivating book titled "Sixteen Trees of the Somme" by Lars Mytting. It is a well-written Norwegian mystery that has been translated into more than 20 languages. We read the English version about the fate of two brothers, Sverre and Einar Hirifjell, who chose different paths during WWII. Sverre served the Nazi cause in the Norsk Legion, while Einar fought against the Nazis as a French Resistance fighter. Each was connected through a "common son," Edvard, who is searching for his own identity.



Pictured clockwise at our first Fjellheim Book Club are Dave Ross, Pat Rowe, Bjørg Mapstone, Jean Luce, Terry Mapstone, Patricia Tjelmeland and Linda Ross. (Erik Tjelmeland - not pictured)

On March 16th at 2:30 in Viking Hall, we will discuss 'A *Malmö Midwinter*,' written by Torquil MacLeod. This story follows Inspector Anita Sundström, who is called away from Christmas with her mother to help investigate a domestic death. Her initial relief at escaping a dull holiday quickly fades when she and her partner, Hakim Mirza, find themselves dealing with a tough case involving the murder of an unloved father and a disliked neighbor. Although suspects and motives are numerous, they struggle to identify the murder weapon. Does the killing relate to the victim's past, or is the answer closer to home? It's not the Christmas Anita expected, nor the ending she anticipated

The next anticipated book for the 20th of April 2026 will be 'Eva's Eye' by Karin Fossum, who has been given the moniker: "Norway's Queen of Crime."

**The mission of our book club is to explore Scandinavian themes.** The books that have been suggested include: *The Viking Battalion* by Olaf Minge, *The Resistant Girls* by Mandy Robotham, *The 12th Man / We Die Alone* by Jan Balsrud, and *Nordic Sherlock Holmes Mysteries* by Karen Fossum. **Join us!**

## A Local Theater Production of a Norwegian Immigration Story

**All Hands-On Deck!** As a local SON lodge, we have the opportunity to support our home institutions with whom we share mutual interests. This is the case with the First Company Theater, which will be producing "**I Remember Mama**" here in downtown Colorado Springs. There will be a limited run on Fri. Feb 27th, 2026, at 7:00 pm; Sat. Feb 28th, 2026, at 2:30 pm; Sun. Mar 1st, 2026, at 2:30 pm; Fri. Mar 6th, 2026, at 7:00 pm; Sat. Mar 7th, 2026, at 2:30 pm; and Sun. Mar 8th, 2026, at 2:30 pm. This production depicts the daily life and economic struggles of a Norwegian immigrant family in San Francisco during the early 20th century. **Tickets can be purchased by clicking on the picture to the right.**

**I REMEMBER MAMA**

Directed By  
MARTY FENNEWALD

Stage Manager  
DANIELLE PATE

FIRST UNITED METHODIST CHURCH  
420 N NEVADA AVE.  
(719) 471-8522

FIRST COMPANY THEATRE  
PRESENTS

**I REMEMBER MAMA**

Fri. Feb 27th 2026, 7:00 pm  
Sat. Feb 28th 2026, 2:30 pm  
Sun. Mar 1st 2026, 2:30 pm  
Fri. Mar 6th 2026, 7:00 pm  
Sat. Mar 7th 2026, 2:30 pm  
Sun. Mar 8th 2026, 2:30 pm

**BUY TICKETS**



**Sons of Norway**  
**District Six Convention 2026**  
**June 11-14 | DoubleTree in Sacramento, CA**

# 2026 Folk Art Exhibition

We invite our members to showcase what they have created in our expanded Norwegian Folk Art Exhibition. Whether you are an expert or a beginner, we welcome the opportunity to admire your work.

Entries must be made by the entrant and may not have been exhibited at a previous District Six Folk Art Exhibition. More than two items per person may be accepted if space allows.

The following categories have been featured at previous conventions:

- Rosemaling
- Chip carving
- Weaving
- Hardanger
- Knitting
- Norweave
- Diamantsom
- Digital/Virtual Cultural Program (eligible for the OLAF AWARD)
- Figure carving including spoon carving. - Acanthus Carving or Relief Carving
- Bentwood/tine box or other woodworking
- Crocheting
- Tatting
- Other media w/Norwegian theme: Photography, Painting, Felting, Kolrosing
- Other traditional Needlework

The Traditional Norwegian Folk Art Exhibit is a meaningful and cherished part of our conventions. This year, we are proud to also highlight submissions from participants of Camp Oldfjell, our adult folk art program held at Camp Norge. If you have taken a class or refined your craft there, we encourage you to share your work.

Let's not forget our youth. Young people up to age 18 are invited to display their work as well. Many are learning and creating through our Language and Heritage Camps at Camp Norge, as well as through lodge programs. Lodges are encouraged to coordinate with their delegate to arrange transportation of their lodge's entries.

All entrants will receive a "Tusen Takk" certificate. A "People's Choice" ribbon will be awarded in both the Adult and Youth divisions based on convention attendees' votes.

**Note:** Folk Art entries may be offered for sale during the exhibition. Items for sale must include a listed price on the entry label.

Visit the website for Folk Art Exhibition Guidelines, for entry information, and forms.

We look forward to seeing your creativity on display in Sacramento.



# February 11, 2026 Heritage Meeting

During our February Heritage Meeting's cultural segment, we were surprised by an event led by our Cultural Director, Adam Lawrence, and the current President, Mark Wedo. They presented thoughtful gifts—a patriot coffee tumbler and the "Fix-It Hat"—to our former two-year President, Terry Mapstone. Bjørg, Terry's wife, received a bouquet of flowers in recognition of her quiet yet active behind-the-scenes support efforts. It was a meaningful tribute. The "Fix-It Hat" gesture was especially fitting for all the volunteer infrastructure work Terry has contributed over the years. His efforts have and continue to play a major role in maintaining Fjellheim Lodge's financial stability.



Mark Wedo  
Master of Ceremonies



Adam Lawrence  
Ceremony Coordinator



Bjørg Mapstone looks on as Mark Wedo presents a patriot coffee tumbler and the "Fix-It Hat"



Terry Mapstone with his "Fix-It" Hat



The Dynamic Duo!  
Bjørg and Terry Mapstone



Heritage audience in attendance

Later, in the Heritage Meeting, we welcomed two new members to our lodge: Steve Schuetze and Chris Gruschow, who are currently enrolled in our Monday Norwegian classes. **Welcome, Steve and Chris!**



Steve Schuetze



Chris Gruschow

## February 14, 2026 Valentine's Day Walleye Fish Fry

Karen Ravnaas summed it up perfectly: *"What a wonderful Valentine's Day at the fish fry! We had 108 attendees who couldn't get enough of the meal, and this was evident when Terry announced there were seconds and possibly thirds. Many folks stood up, and it looked like a race to the serving table."* The event was very well received, and everyone had a great time.

Special thanks to the set-up and break-down crews, the talented cooks, and the drink masters in the kitchen, pictured below.



Kerry Hefta



Jane Johnson



Lois Halvorson, Nancy Allen, Maria Shay & Cathy Wedo



Carol Hackett & Newell Nesheim



Cindy & Norm Pechacek

### Featured participants at our Fish Fry:



Kory Mitchell & Jennifer Forbes



Sheila & Bob Eskridge



Matthew & Sissel Disbrow



Barbara Stemple & "Snickers"

## The Fjellheim Educational Corners by Erik Tjelmeland

**Barnehjørnet = The Kids Corner & Det unge voksne verdenshjørnet = The Young Adult World's Corner**

### Question: Does Norway have a historical winter version of the Olympic Marathon?

Some compare Norway's cross-country skiing (*langrenn*) history to the Greek legend of Pheidippides, a messenger who, in 490 BC, reportedly ran about 25 miles (40 km) from the battlefield of Marathon to Athens to declare victory over the Persians before collapsing and dying.

During the Norwegian Civil War, from 1096 to 1217, two warring factions existed: the "peasants" called the *Birkebeiners* and the royal-church faction known as the *Baglers*. The Birkebeiners and Baglers received their names from the clothing and/or gear they wore or carried. The Baglers carried a traditional Bagall, a bishop's crozier staff, while the Birkebeiners were mocked by the Baglers as a ragtag group that couldn't afford cloth stockings and instead had to wear leg bindings made of birch.

Ultimately, the Birkebeiners changed the course of the civil war by rescuing their future king, Crown Prince Haakon IV. This rescue was carried out by two Birkebeiner skiers, Skjervald Skrukka and Torstein Skevla, who saved Prince Haakon IV from enemy territory in Sarpsborg (south of Oslo) and traveled over 500 kilometers to Trondheim during the winter of 1205-06.

In March, Norway celebrates [the legendary Birkebeiner ski race](#), known as the "Marathon of the North," which follows the exact route from Østerdalen/Rena to Lillehammer that Skrukka and Skevla took.

This year's Birkebeinerrennet (Birkebeiner Ski Race, or "Birke" for short) is "just" 53 kilometers long and will be held on March 14, 2026. The organizers are still accepting entries for this year, with an expected field of 13,000 participants, including 1,000 international qualifiers. And true to form, each participant must carry a 3.5-kilogram backpack to simulate Crown Prince Haakon's childhood weight over the entire distance.

The Birkebeiner event is more than just a Norwegian tradition; its variations have led to the creation of the Worldloppet organization, which hosts Birkebeiner-style events at 19 locations across four continents, with participants from all 7 continents. The most well-known outside of Norway is the annual "Birke" held in northern Wisconsin, running from Cable to Hayward.

Here are a couple of videos that will further highlight this Birkebeiner phenomenon. See links below.



[The History behind the Birkebeiner Ski Race](#)



Here the Norwegian artist, Knud Bergslien, depicts the above two Birkebeiner skiers, Skjervald Skrukka and Torstein Skevla, carrying Prince Haakon to safety during the winter of 1205-06. The prince later became King Haakon IV, the eventual ruler of a united Norwegian kingdom.



[The American Birkebeiner cross-country ski race](#)





*In Loving Memory...*

*Clairette Joan Bakken*

*January 24, 1936 – January 12, 2026*

Clairette Joan Skinner Bakken was born on January 24, 1936, in Colorado Springs to Clarence "Joe" and Maurine "Peggy" (Smith) Skinner. Joan had the distinction of having ancestors who arrived on the Mayflower in 1620 and on the "Fortune" in 1621. She was a dedicated Colorado Springs Westsider whose family had lived there since the 1890s. She attended Buena Vista Elementary, West Junior High, and Colorado Springs Main High School. She graduated from Colorado State College of Education, now known as the University of Northern Colorado.

She fell in love with Duane "Ole" Bakken while attending Colorado State, and they were married on July 5, 1958. This year, they celebrated their 67th anniversary. She taught public school in Biloxi, MS, and Greeley, CO, before starting her family. Joan and Ole were blessed with three sons: Kurt, Kevin, and Erling. She was a loving mother and grandmother.

After her children grew up, she worked in special education programs at North Junior High School. She was honored by the North Junior Board of Education for a life-saving act in 1995. During her retirement, she was known as the "Flower Lady of Pleasant Street," famous for her floral displays from her yard that she shared with others throughout the seasons.

Joan was also a Charter Member of Fjellheim Lodge of the Sons of Norway. She and Ole played a vital role in founding the lodge in Colorado Springs. Along with several prospective Charter Members, they contacted people listed in the telephone directory with Norwegian- or Scandinavian-sounding surnames to see if they were interested in starting a Sons of Norway Lodge. As a result, the lodge was officially established on September 8, 1973. Joan actively took part in many activities during her 53 years of membership and always offered her help whenever she could. Many will mourn the loss of both Joan and Ole, and we offer a prayer of gratitude for the treasured memories they shared with us.

Joan is survived by her three sons, Kurt, Kevin, and Erling; her grandchildren Arielle, Amber, Mitchell, Blake, Terrell, and Spencer; her sister, Carol Blevins; and many nieces and nephews. She was preceded in death by her parents, Joe and Peggy Skinner, and her husband, Ole Bakken. She was the wind beneath our wings.



*In Loving Memory...*

*Lucille S. Moe*

*September 24, 1932 – December 27, 2025*

Lucille S. Moe, 93, passed away on December 27, 2025. She was born on September 24, 1932. Lucille and her husband Larry were residents of Colorado Springs, Colorado, and became members of the Sons of Norway on November 12, 1977.

Lu's service took place on February 5, 2026, at First Lutheran Church of Colorado Springs. To view this beautiful service, please visit this [YouTube.com](#) video.

## Directory and Advertisements

2026 Fjellheim Board Offices <i>March 2026 updates</i>	Office Holder	Phone Number
<b>Board of Directors</b>		
President	Mark Wedo	719-291-6387
Vice President/Membership Committee	Kerry Hefta	719-266-9429
Counselor	Terry Mapstone	719-254-0955
Secretary	Karen Ravnaas	719-390-0621
Treasurer	Kathie Godsil	719-229-9289
<b>Program Directors</b>		
Social Coordinator	Kathie Godsil	719-229-9289
Cultural Coordinator	Adam Lawrence	757-710-7656
Sunshine Report	Karen Ravnaas	719-390-0621
Hostesses (3)	Kathie Godsil	719-229-9289
	Beverly Beasley	719-471-1801
	Vacant	
Cultural Skills	Vacant	
Foundation	Vacant	
Sports Coordinator	Vacant	
<b>Support Officers</b>		
Greeters (2)	Hazen & Sonja Thomas	719-475-0429
Marshalls (2)	Leonard Beasley	719-471-1801
	Dave Haugen	719-599-0810
Flammen Editor	Erik Tjelmeland	719-205-2539
Historian	Denise Lambert	719-344-1076
Librarian	MJ Berg	719-659-4567
Musician	Denise Lambert	719-344-1076
Leading Photographer	Kelly Garrett	602-618-2343
Publicity	Eunice Bluhm	719-495-2029
Web Page/Facebook	Susanne Arens	719-593-1449
Web Page/Facebook backup	Kerry Hefta	719-266-9429
<b>Committee/Special Activities</b>		
Auditor	John Larson	719-570-0043
Volunteer Hours	Karen Ravnaas	719-390-0621
<b>Fjellheim Management Corporation (FMC)</b>		
Director/President	Mark Wedo	719-291-6387
Director/Secretary/Treasurer	Karen Ravnaas	719-390-0621
Director	Newell Nesheim	720-202-3161
Director	John Larson	719-570-0043
Director	K. Max Canestorp	719-685-4583
Director	Norman Pechacek	719-574-1938
Director	Adam Lawrence	757-710-7656
Director	Vacant	
Director	Vacant	

**Colorado Zone 8 Director:** Diane Molter, [GRNBViking09@live.com](mailto:GRNBViking09@live.com), 303-288-6014

**District 6 President:** Lis Barca, [president@sofn6.org](mailto:president@sofn6.org)

**SON International Board:** Luella Grangaard: [luella.grangaard@sofn6.org](mailto:luella.grangaard@sofn6.org)

**SON Insurance & Financial Agent:** Kendall Kjerstad. 970-978-1634, 970-697-1114

**Sons of Norway Monthly Newsletter**  
**Erik Tjelmeland, Editor**  
**Viking Hall – Fjellheim 6-107**  
**1045 Ford Street, Colorado CO 80915**



*Kendall Kjerstad*  
**Financial Benefits**  
**Counselor**

**Cell:** (970)-978-1634  
**Office:** (970)-697-1114

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